



## Rise Up and Do It: Empowering Habits That Take You to the Top

By Atinuke Olanrewaju

Premier Publishers. Paperback. Condition: New. 148 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. Rise Up and Do It is a self-help book that unveils the role habits play in achieving set goals and success in life. Rise Up and Do It will not only show those empowering habits that you need to maximise your potential and achieve success in life, but it also walk you through on how to identify, develop and improve on them. In this book are inspirational stories of those who have taken on board some of the things shared here in their life journey with these success habits. Rise Up and Do It is a book that would motivate you to Rise up and Do what is needed to get you to your destination in your life journey. In Rise Up and Do It, you would be led through a series of discussions, stories, recommendations, and exercises designed to help you create an empowering life experience with success as the ultimate destination. The Author (Atinuke) shares invaluable insights that can be used to gain confidence in doing whatever you want and overcome obstacles stand in the way of reaching your potential, including: Dont tryDO; Excuses...

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